Kyrgyzstan

'No yurt, no glory'

ADVENTURE GUARANTEED!
Always in search of new adventure we went summer of 2025 to Kyrgyzstan with a bunch of friends.
Just a rough plan. Rented bikes. A support vehicle and brought camping equipment.
It became an epic ride! Remote valleys. Spectacular high mountain passes and the sceneries are just breathtaking. And lots of fun of course :)

Now you can join us. Summer 2026 we will have a pilot tour.
We will ride where not many other tour operators go. Like we use to do.
Not everything is set in stone. We have a plan, but need to test it with a bunch of riders. And that could be you.

No need to be a Dakar rider. But you need good offroad experience. Or have been on an offroad training. Like at level 2 or 3 at ORS, or similar.

Besides this an attitude for adventure. Because attitude is everything. It brings you to places where others stop.

We will ride on a light Honda CRF 250L. Have a support vehicle with a crazy mechanic called Vlad behind the wheel :)

Price Package*

Based on twin room € 3900

Single room supplement (not everywhere available): € 240

** The price is depending on the currency of the €/$, VAT, and prices of 3rd parties, and can be adapted accordingly.*

Including:

✓ 14 days (incl arrival and departure day) adventure ride through the best mountain ranges in Kyrgyzstan.
✓Accommodation in hotel, guesthouse, yurt and tent.
✓Breakfast, dinner during the tour.
✓Motorcycle rent Honda CRF 250L including 3rd party insurance.
✓Support vehicle with mechanic for transport luggage, etc.
✓ Permits for restricted areas.
✓Emergency equipment: 1stAid kit, Garmin inReach (satellite emergency system), tools, spare-parts.

Excluding:

- (Alcoholic) drinks and lunch*
- Flight tickets / (own) transport to and from Bishkek, Kyrgyzstan.
- Gasoline*
- Travel/medical insurance.
- Tips / fees / etc.*

**We will create a Kitty (common wallet) for the payments of drinks/alcohol/etc. When not drinking alcohol, you'll contribute less.*

ITINERARY*

We will inform you about the exact itinerary later. But we will explore:

- ☑ Lake Sol Kul, scenic lake at 3000 m.
- ☑ Tossor pass, (in)famous pass among off-roaders over 3.896 m
- ☑ Enilchek, a former USSR mining town. Now a ghost town, more remote you can't get.
- ☑ Tash Rabat, a 15th century caravanserai along the Silk Road
- ☑ Karakol, a town East of Issyk-kul. Nice for a resting day.
- ☑ Lake Issyk-kul, the biggest lake in Kyrgyzstan with 'fairy tale canyon'.

** The itinerary can be adjusted due to rider skills, weather conditions and/or the political situation*.

WHAT TO BRING?

Documents:

- **PASSPORT** (valid for 6 months with at least 2 consecutive blank pages. Please check Visa requirements for your country of origin, prior to travel)
- **DRIVER'S LICENSE** (Must be in English with a photo. Alternatively an accompanying official translation.
- **INTERNATIONAL DRIVERS LICENSE.** Not mandatory.
- **MEDICAL AND TRAVEL INSURANCE DETAILS** (including helicopter Medical Evacuation) MANDATORY!
- **CREDIT CARD**: there are ATM's in Bishkek and other bigger towns. Payment with card only in cities, cash in rural areas..
- **CASH** (US$) for the deposit for the motorcycle (500 US$).
- **VISA**: Many countries can obtain a visa when entering Kyrgyzstan at Mannas Int. airport. Check your Foreign Affairs what is needed when traveling from your country.

Gear/clothes:

- **Protective riding gear** with good ventilation (suit, helmet, gloves, etc). The temperature can fluctuate between 25° Celsius (Bishkek) and 5° C up in the mountains or when it's raining. So bring rain / warm extra layer as well.

- **Boots.** Bring hard (enduro)boots with hard ankle protection. It will safe your leg/ankle and therefore your holiday!
- **Sunglasses** and **sunscreen** and lip balm (with UV protection)
- **Light rain gear/rain jacket.** Temperatures can drop when riding on high altitude or when raining.
- **Casual wear** for evening dinners and non-riding days.
- **Warm fleece and hat.** Dress in layers, when riding and after during those cooler days/evenings.
- **Hydration back-pack.** Mandatory, and very handy to keep drinking regularly to prevent dehydration (also to prevent altitude sickness).
- **Camera.** These magnificent views you want to capture!
- **Headlight** (like a Petzl). Some guesthouses have no electricity during the night.
- **Power bank.** Electricity is not always 24/7 available so bring a battery pack as a back-up for charging you electronic equipment/phone.
- **Sleeping bag + travel pillow.** Please bring a sleeping bag (3 season). It can be cold during the nights in the yurt camps, guesthouses or when we need to camp.
- **Travel towel.** Please bring a quick drying travel towel, when up in Mustang some of the accommodations are basic.
- **Swimming trousers / bathing suit.** You don't want to miss having a beer in the hot-springs.
- **Waterproof soft-bag**. You can leave your big hard suit-case in the storage of Dalai La hotel and bring a soft-bag (max 60 litre) in the support car for bringing your personal clothes during the tour.
- **Tank- or small (waterproof)tail-bag**. If you'd like to bring some gear on your bike (camera, rain-gear), please bring a small bag which you can strap on the back. Or you can bring your own small (!) tank-bag.
- **ROK-straps/bungee cords**. If you'd like to strap a small (waterproof) bag on the back of your bike, bring some ROK-straps.
- **Your spirit for adventure!**

MEDICAL / VACCINATIONS

Please contact your local health authority for which vaccinations are needed/mandatory. This varies per country.

Medicines. Don't forget your personal medicines. Some painkillers and medicines against travellers-diarrhoea (Imodium) are recommended to bring. As well as re-hydration solutions (like *Resorb/ORS*).

Altitude sickness / Acute Mountain Sickness (AMS). To prevent altitude sickness it is advised to increase the altitude of where to sleep around 500 m. a day ("ride high, sleep low"). Our itinerary is adapted to that. Besides good rest, drinking enough water, it is important to avoid drinking *excessive* amounts of alcohol, smoking and other depressant drugs including, barbiturates, tranquillisers, sleeping pills and opiates. These further decrease the respiratory drive during sleep resulting in a worsening of symptoms.
There is a medicine (*Diamox*) against the symptoms of AMS, please advise your local health authority before using.Drinking lots of water, 1 litre extra per 1000 meter in altitude is recommended, so please bring that hydration back-back.

SAFETY

Travel / medical insurance

Make sure that your insurance covers medical evacuation. Inform us about the policy and contact number of your insurance.

Motorcycle Insurance.

The motorcycles have only 3rd part insurance. So basically what you damage is what you'll pay. These bikes are sturdy and can take a beat, so don't worry too much ;)
When involved in an accident, you might be ending up settling it on the spot together with the police and the other party.
The **deposit is $ 500** per person to be paid in cash to the rental company. You will get the full amount back when no damage.

[Note: in Sweden, ERV (insurance company) has an insurance that covers up to € 2.500/SEK 25.000 self-risk on damage to rental vehicles.

Garmin inReach

We'll bring a Garmin InReach (SOS beacon that works via satellite). So in case of an emergency we can always call for help or evacuate you by helicopter.

Security

Kyrgyzstan is a save country, especially on the country side. But use common sense and take basic safety precautions. Keep valuables locked away and don't wear expensive watches or jewellery, flash expensive cameras, etc. If in doubt, ask the guide or at your accommodation for safety guidelines.

ROAD TRAVEL

Kyrgyzstan has a road infrastructure including national roads and secondary roads. Most roads are in reasonable condition, but there are a few exceptions. When diverting from the main roads it turns into unpaved roads instantly. The mountain roads can be challenging, especially when wet.

Traffic. In Kyrgyzstan the traffic is on the right-hand side and especially in bigger cities/towns a bit chaotic. But when driving slow and cautious accidents are less likely to happen. On the main roads buses and trucks are on top of the hierarchy and take over whenever they feel like it. Keep always cautious and 'expect the unexpected'!

Speed limits. Keep an eye out for the designated speed limit as these may vary depending on road conditions and law enforcement does take place next to the road. There are speed cameras as well.

Driver's license: You may use a valid driver's license issued in your own country as long as it has a photograph, the signature of the holder and is in English.

International Drivers license. It is not mandatory, but you can bring one.

Fuel: Fuel is included in the tour price and we will refuel with the whole group. When going very remote we'll bring our own fuel in the car as there are no gas stations there.

OTHER USEFUL INFORMATION

Kyrgyzstan

Kyrgyzstan is a country in Central Asia. The capital is Bishkek, the most populated city of the republic. Kyrgyz Republic has borders with Kazakhstan to the north, Uzbekistan to the west, Tajikistan to the southwest, and the People's Republic of China to the east.

Time: UTC/GMT +6 hrs

Climate / weather

Kyrgyzstan has a land climate (warm summers and cold winters) and especially in the mountains (we ride passes over 3800 m!) the weather can change quickly. When it rains we might have to adjust the itinerary.

Currency

Kyrgyzstan has the *Kyrgyzstan Som* (KGS). The value is 1000 Som = 9,85 € / US$ 11,4 (Nov 2025).

ATM.
There are cash machines available in bigger cities and towns where you can withdraw money.

Cash
Bring US$ in cash. Not only for the motorcycle deposit ($ 500) but you can always change in case needed. We fill the Kitty (common wallet) with Som which you can take out from an ATM.

Water
Water in the cities is not safe to drink for us. You should take your own drinking water along in a camelback while riding. We will buy bottled water to fill up camel bags etc. But when traveling to remote rural areas or mountainous areas we can drink the water from the tab.

Electricity
The Kyrgyzstan electricity supply is 220/230 volts AC 50 HZ. Up in the rural areas electricity is not always available 24/7, so bring a power bank.

Internet / WiFi. You can buy an (e)sim card directly on the airport for (ca. $ 20 for unlimited internet):
Wifi is available in some of the hotels and guesthouses but not always in all accommodations (yurt camps)

TRAVEL SUITCASE / SOFT-BAG.
When traveling with all your gear you can bring a big suitcase. You can leave it at the hotel or motorcycle rental place. For during the tour, please bring a *waterproof soft-bag* (max 60 litres) which we bring with the support vehicle.